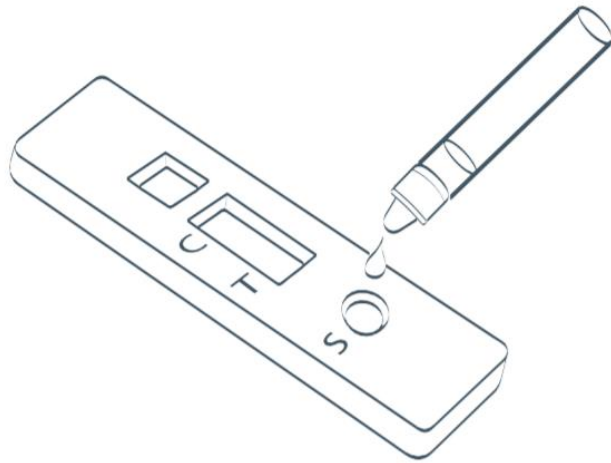




Stanchester
Academy



Stanchester Academy
Student Rapid COVID-19
Lateral Flow Device (LFD) Test

INFORMATION



HANDS



FACE



SPACE





REPLACE

Contents

Information	Page 3
Kit Contents	Page 3
Instructions	Page 4
How to Test	Page 5
Results	Page 7-8
FAQs	Page 8

Information

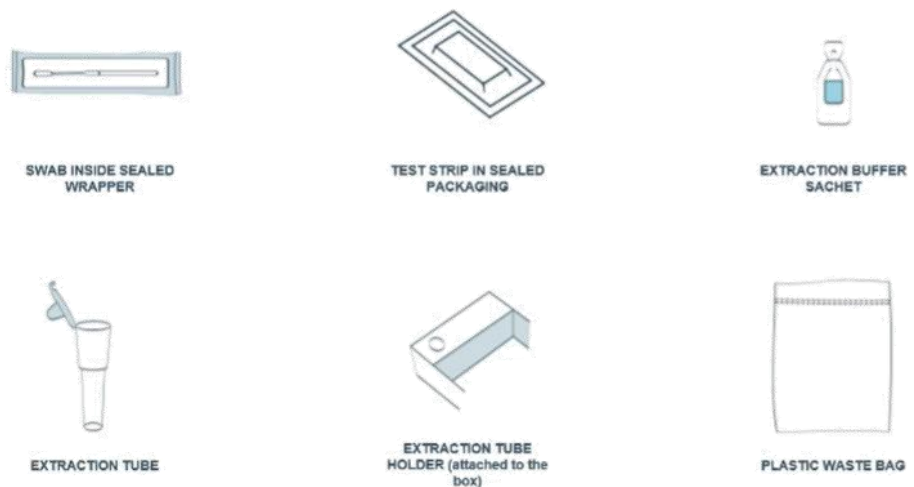
There are two types of COVID-19 tests:

LFD Test (Lateral Flow Device)	PCR Test (Polymerase Chain Reaction)
	

Approximately 1 in 3 individuals are asymptomatic when they contract COVID-19 and it is believed that the use of regular LFD tests amongst students will help to identify those who may be positive for COVID-19 and are still infectious yet are asymptomatic.

Kit Contents

Your kit should contain the following items:



Number of Tests Issued

Each student will be given x2 boxes of tests, in each box is x3 tests. This means that each student will have enough tests to conduct x2 tests each week for 3 weeks.

Instructions

Full instructions on how to administer the LFD tests are given *alongside* your test kit. Inside your testing kit is an **old** set of instructions which should **not** be used. Please recycle the old instructions and follow the new set of instructions.



Each test takes approximately 5 minutes to administer and 30 minutes for a result to show. Please read the instructions carefully.

Students are required to take their LFD test at home twice weekly, we would recommend taking the tests on a Sunday and a Wednesday. However, if this is not feasible, you can administer them on other days just ensure there is a three day break between tests.

Here is a video from the NHS showing how to conduct the Covid-19 Lateral Flow Test:

<https://www.youtube.com/watch?v=S9XR8RZxKNo>

How To Test: Quality checkpoints (1)

General Guidance

1. You can only use each item in the test kit once. Do not re-use the items.
2. If you have problems with your hands or vision, you may need someone to assist you with the swabbing and testing process.
3. If you have a nose piercing, swab the other nostril. If pierced on both sides, remove the piercing on one side before swabbing.
4. If you've had a nosebleed within the last 24 hours, swab the other nostril or wait 24 hours.
5. Do not eat or drink for at least 30 minutes before doing the test to reduce the risk of spoiling the test.
6. Throat and nostril swab is best but if there is a reason why you can't take a throat swab, then swab both nostrils.

How To Test: Quality checkpoints (2)

Self-swabbing

1. You should open your mouth and visually identify the left and right tonsils (or where they would have been) and swab each tonsil four times.
2. The swab tip should be inserted up to 2.5 cm (1 inch) from the edge of the nostril and rolled alongside the lining of the nose.

Sample processing and analysis procedure

1. All of the extraction solution in the pouch should be poured into the extraction tube.
2. Squeeze out all liquid from the soft tip of the swab when removing the swab by pressing on the tube from the outside.
3. Drop 2 drops of the prepared sample into the well of the LFD cartridge.
4. Re-check that the liquid can be seen seeping through the cartridge (not an air bubble).
5. Reading should be taken at 30 minutes, not before, not after.
6. Watch out for weak positive samples - the line of T can be faint.

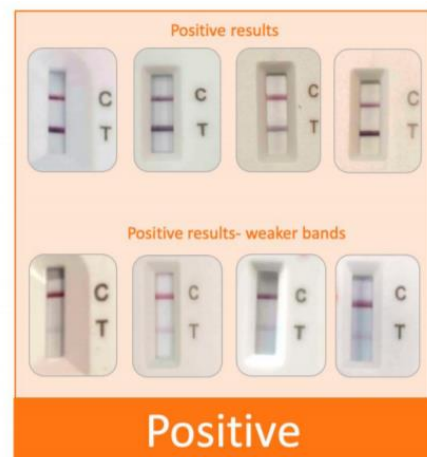
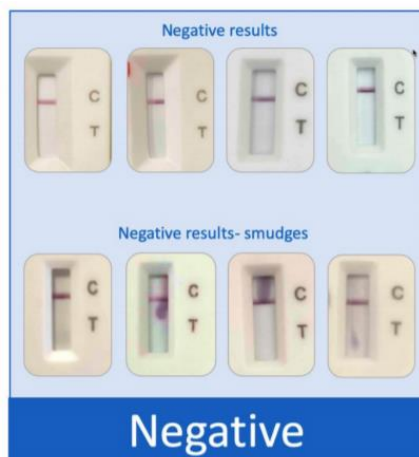


11

Results



(Example Test ID)



If the LFD test shows negative

If the LFD test is negative, students can come in to school as normal. You must update the [online portal](#) each time you take the test which is similar to the system used to update your car tax. You will need the You will need the test ID number which can be found underneath the LFD test strip. **School cannot view the results on the portal so you will need to inform school of a positive or void test you do not need to email us for a negative test. Please inform us of a positive or void test by emailing: office@stanchester-academy.co.uk** You can dispose of your test in the waste bag and your normal household waste.

If the LFD test shows positive

1) After emailing the school and updating the [online portal](#), you and your household must begin your self-isolation and [arrange a PCR test](#) at a drive-in centre (preferred) or via a home testing kit (organised online) or issued by school. Drive in centres have the quickest turn around for results so is the preferred option.

2) If the LFD test has one 'void'



You must use one of the other test kits to repeat the test. If the test works the second time round, please follow the instructions above for either a positive/negative test result.

If the LFD test shows two 'voids'



This is very uncommon. In the event of two voids, you will need to [organise a PCR test](#). Please see the positive test steps.

FAQs

Should I use the LFD test if I have started to develop COVID-19 symptoms?

No, the LFD test should only be used if you are asymptomatic. If you have developed COVID-19 symptoms, you must self-isolate immediately and [organise a PCR test](#).

Should students continue testing if they have already contracted COVID-or if they have received the vaccine?

Yes, students can still be involved as this helps to understand the effects of the vaccine and to also identify if individuals can test positive for COVID-19 more than once.

Can I give one of the LFD tests to another household member?

No, the LFD tests must *only* be used by the named students. Other household members should access PCR tests in the normal way if they are symptomatic.

Does a negative test result mean I can stop my isolation period early if I previously tested positive and it hasn't been ten full days?

No, government self-isolation advice should be followed at all times. This test does not remove the need to self-isolate.

Do the tests need to be stored in certain conditions?

Tests can be stored in normal household conditions (between 2°C and 30°C). **They do not need refrigeration but should be kept out of direct sunlight and not be exposed to heat.**